









Travel Plan Welcome Pack

Top tips for travelling sustainably







Plan your journey

Make use of journey planning apps to check for convenient and sustainable travel options

Walk and cycle

Walking and cycling are the most sustainable modes of transport and are also a good way to keep fit and healthy

Consider public transport

This is a great way to get around when cycling and walking aren't an option Consider car sharing

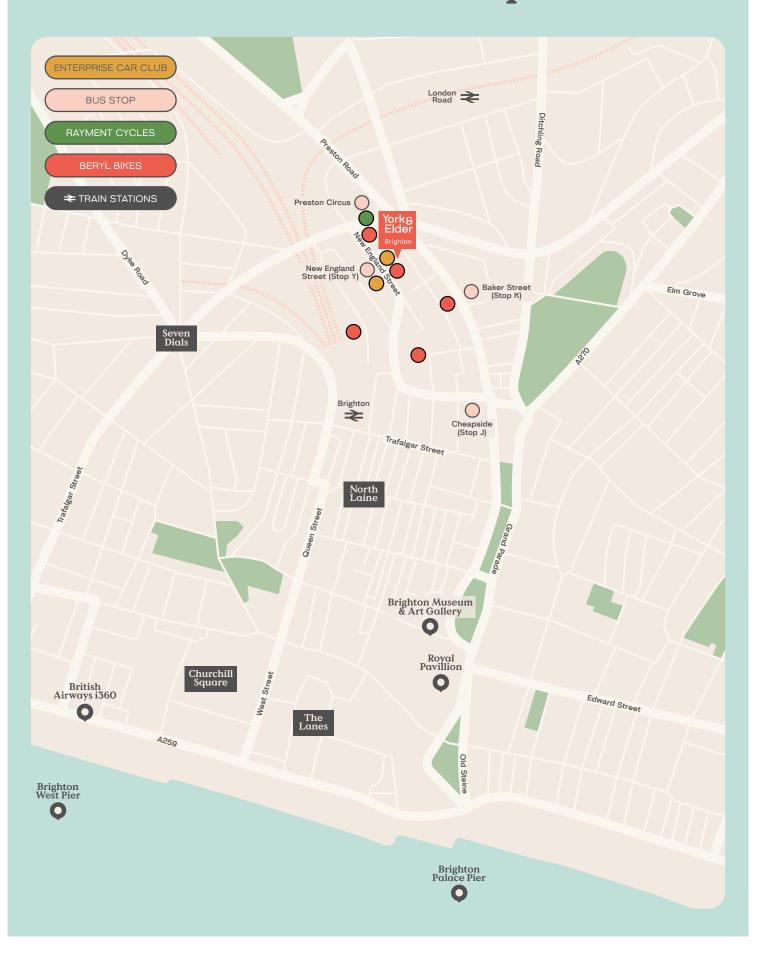
It is a great way to share the cost of fuel and car parking while also giving you time to relax

Have local adventures

Take the time to get to know where you live, you never know what hidden gems you may find



Local area map



Local amenities



Your new home is located close to lots of useful facilities and leisure options in Brighton.

Facility/Leisure	Distance from York & Elder	Walking Time
Post Office, Bank, Pharmacy	London Road - 160m	2 minutes
Sainsburys	New England Street - 270m	3-4 minutes
St Peters Health Centre	Oxford Street - 500m	6-7 minutes
Aldi	London Road - 500m	6-7 minutes
Brighton Open Market	Marshalls Row - 483m	6 minutes
Brighton Station NHS Walk-in Clinic	Queens Road - 620m	8 minutes
The Level Skatepark	Union Road - 644m	9 minutes
Brighton Museum and Art Gallery	Royal Pavilion Gardens - 1.3km	14 minutes
Royal Pavilion	Pavilion Buildings – 1.3km	16 minutes
The Lanes	Meeting House Lane - 1.3km	16 minutes
Brighton Beach	Palace Pier - 1.8km	21 minutes

Apps to help you get around

Planning your route around your local area could not be easier with these helpful apps:

Google Maps - Great for route planning and now has improved cycle route information: www.google.co.uk/maps/

Strava - Free to use to track a variety of activities including walking, cycling and running: www.strava.com/

Komoot - Popular route planning app, focused on cyclists: www.komoot.com/

Walking routes

Brighton's shopping and leisure activities are all within walking distance.



Walking and cycling



Ready to explore? Brighton & Hove Council have you covered with handy walking and cycling maps for north, east and west Brighton—perfect for planning your next adventure. You'll also find links to local highlights, including the South Downs National Park. So lace up or hop on your bike — it's all just a click away!

CLICK HERE FOR THE BRIGHTON AND HOVE COUNCIL WALKS AND TRAIL GUIDE

See below for two of our favourite local walks.



Undercliff Walk

Offers scenic views of the cliffs, sea and surrounding areas.

5KM - EASY

WALK LINK



Devil's Dyke

An area of outstanding natural beauty easily accessible by bus.

5KM - MODERATE

WALK LINK

Why not join friendly local walking group who are based close to York & Elder: Brighton & Hove Ramblers.

With regular group walks accessible from your doorstep, it's a great way to make some new friends and get fit while doing it!



Cycling benefits

Bicycle User Group (BUG)

A BUG is made up of cyclists that are keen to promote and encourage others to do so.

The BUG will be set up and will provide a platform to communicate with other cyclists at York & Elder. The BUG will meet biannually and hold 'Doctor Bike' sessions which will include both repairs/maintenance and training elements.

If you would like to get involved or keep informed, email us at: travelplan@paulbashamassociates.com

On-Site Cycle Facilities

York 8 Elder has cycle parking located on the Lower Ground Floor with Sheffield hoop stands, two tier cycle parking and lockers for folding bikes all available. There is also lockers and bicycle maintenance stands which are located within the bike store on the lower ground floor.

Brighton Mitre Cycling Club

The Brighton Mitre Cycling Club was established in 1894. The club runs regular rides on Saturday and Sunday mornings and Thursday evenings during the summer months.

Annual memberships cost £20 and you can go along twice for free to see if you like it!

Cycle training courses

Brighton & Hove City Council provide Bikeability for children in school from years 5-10. Courses are provided in Hove Park and Preston Park during school holidays. Adult cycling training is also provided for those 19 or over.

Beryl Bikes

The Beryl BTN bikeshare scheme has relaunched.

The closest stands are at York & Elder or 50, London Road. For more information and to check dock locations and bike availability visit:

https://beryl.cc/scheme/brighton-and-hove

Bus services

York & Elder's closest bus stop is situated at New England Street. However, many more bus services can be found at Brighton Station (5-minutes walk away) and a further 10 services are available along London Road.

Each bus company has its own fare and timetable information available on their website.



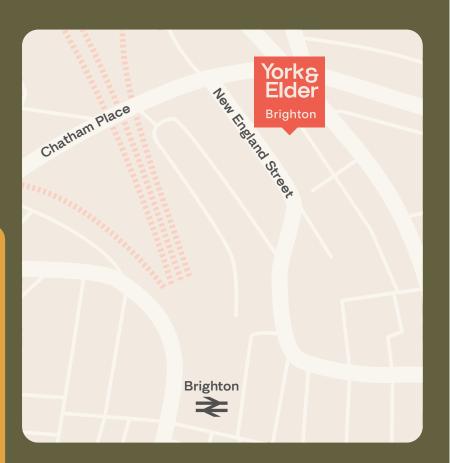
Rail services

York & Elder is only a 5 minute walk from Brighton train station and a 7 minute walk from Brighton London Road train station.

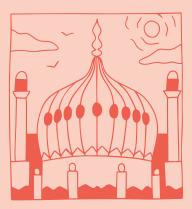
Brighton train station is mainly served by Thameslink, Gatwick Express, Southern and GWR trains. With routes to London St Pancras International, London Victoria, London Bridge, Gatwick Airport, Eastbourne, Portsmouth, Bristol Temple Meads and Cardiff Central.

Brighton Station facilities

- Waiting rooms
- Accessible toilets and baby changing facilities
- Post box
- ATM machine
- 740 cycle storage spaces
- Manned ticket office



Travelling by car



Car sharing is a great way to have access to a car without owning one. You also get the opportunity to engage with people making the same journey as you in your local area.

Car clubs

Car Clubs are convenient and simple to use – simply book the car, turn up, drive away and return to a car club parking location. There are two car club cars on Elder Place and as a resident of York & Elder you may be eligible for 2 years free membership to use these vehicles. For further details speak to the York & Elder team.

For more information about Enterprise car club visit:

www.enterprisecarclub.co.uk

Carshare - join for free

Save money by sharing costs with other people – a commuter can typically save around £1,000 a year by carsharing. Reduce stress and cut your carbon footprint at the same time.

Visit www.liftshare.com/uk for more details

Useful links

WALKING & CYCLING

Local Walking Club www.ramblers.org.uk/go-walking/ ramblers-groups/brighton-hove-group

Local Walking Routes www.alltrails.com www.brighton-hove.gov.uk/librariesleisure-and-arts/parks-and-greenspaces/walk-and-trail-guides

Beryl BTN Cycle Hire www.beryl.cc/scheme/brighton-andhove

Sustrans (National Cycle Routes) www.sustrans.org.uk/ncn/map

Cycle Street (Cycle Route Planner) www.cyclestreets.net

Local Cycle Maps www.brightonandhovecyclemap.co.uk/

Local Cycling Club www.brightonmitre.co.uk

CAR SHARE SCHEMES

Lift Share liftshare.com/uk

Share-a-Lift www.share-a-lift.co.uk

BlaBlaCar www.blablacar.co.uk

PUBLIC TRANSPORT

Local bus operators www.stagecoachbus.com www.metrobus.co.uk www.buses.co.uk www.thebiglemon.com www.compass-travel.co.uk

Public transport journey planner www.traveline.info

Rail journey planner links www.nationalrail.co.uk www.thetrainline.com www.networkrail.co.uk www.southernrailway.com

OTHER USEFUL LINKS

Enterprise Car Club www.enterprisecarclub.co.uk

Electric vehicle charging points www.zap-map.com

LIVE TRAFFIC INFORMATION

Live Roadworks uk.one.network/communicate/live-link

The AA www.theaa.com/routeplanner/traffic-news

National Highways (formally Highways England) nationalhighways.co.uk/travel-updates/